

TWIN CREEKS RETIREMENT
WEEKLY SPECIALS

Week of July 10th, to July 16th, 2023

Daily Lunch Specials Served From 11:00 am - 2:00 pm

Daily Dinner Specials Served From 4:30 pm - 7:00 pm

Soup of the week: Chicken Noodle

MONDAY- July 10

BREAKFAST - Walnut Pear Pancakes

LUNCH-Baja Chicken Salad: Seasoned Chicken Breast over Romaine with Black Beans, Red Peppers, Corn, Red Onion, and Crispy Tortilla Strips with Cilantro Lime Dressing

DINNER-Butter Chicken, Basmati Rice, and Asparagus

TUESDAY- July 11

BREAKFAST - Fresh Scones

LUNCH- Italian Grinder on Focaccia, with Ham, Salami and Pepperoni, Provolone, Tomato, Shredded Lettuce, Oil and Vinegar, with a Side of Pasta Salad

DINNER- Ginger Soy Glazed Salmon, served with Black Rice and Glazed Carrots

WEDNESDAY- July 12

BREAKFAST-Smoked Brisket Hash, topped with Poached Egg

LUNCH- Curried Chicken Salad Pita: Curry Chicken with Cashew, and Red Grape, stuffed in a Pita, with a side of Sweet Potato Tots

DINNER- Cider Braised Boneless Pork Chops, with Scalloped Potatoes and Mixed Vegetables

THURSDAY- July 13

BREAKFAST- Garden Omelet

LUNCH- Grilled Bratwurst on a Bun, topped with Caramelized Onions and a side of Stone-Ground Mustard, served with German Potato Salad

DINNER- Spaghetti with Fresh Made Meatballs, served with Roasted Green Beans and Garlic Bread

FRIDAY- July 14

BREAKFAST- Sweet Cream Cheese Blintz with Blueberry Compote and Whipped Cream

LUNCH- Lox and Bagels: Cured Thin Sliced Salmon, on a Bagel with Cream Cheese, Red Onion, Tomato, Capers, and Fresh Dill served with Cucumber Salad

DINNER-Jerk Chicken: Spiced and Grilled Caribbean Chicken, served with Red Bean Rice and Mixed Vegetables

SATURDAY- July 15

BREAKFAST- Eggs Benedict

LUNCH- Aloha Burger: Grilled Burger with Pineapple Ring, Swiss, Teriyaki Glaze and all the Fixings, served with Potato Chips

DINNER- Rosemary Maple Pork Tenderloin, with Red Potatoes and Cauliflower

SUNDAY- July 16

BREAKFAST-Chef's French Toast

LUNCH- Quiche Lorraine, filled with Bacon, Caramelized Onion, and Gruyere Cheese, served with Watermelon Salad

DINNER- Burgundy Beef Tips with Mushrooms, served over Buttered Egg Noodles and Steamed Peas

Date		Regular Dessert of the day	Sugar Free Dessert of the day
Monday	July 10	Eclairs	Tapioca Pudding
Tuesday	July 11	Apple Pie	Coconut Cream Pie
Wednesday	July 12	Flan	Caramel Cheesecake
Thursday	July 13	Chocolate Cake	Chocolate Chip Cookies
Friday	July 14	Million Dollar Pie	Raspberry Mousse
Saturday	July 15	Fruit Tarts	Carrot Cake
Sunday	July 16	Peach Pie	Pistachio Pudding

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